



 **Aspiro** | Services
Live your way.

Day Services

Provides a coordinated program of activities throughout the day.

Clients can choose from a wide selection of recreation & wellness activities, educational programming, community engagement, and more.

A registered nurse and CNA are on staff to administer any medications needed and provide general care if someone is not feeling well.



Specialized Offerings:

Assisted Day Services (ADS): Designed for individuals with more complex needs and need a higher level of attention. Clients are divided into teams based on similar interests. They spend their day doing a combination of social and wellness activities. Each team is led by two program instructors.

Dementia Care: Serving clients with a dementia diagnosis with a simplified schedule, routine and approach using the VIPS practice model. V = Valuing people with dementia and those who care for them. I = Treating people as individuals. P = Looking at the world from the perspective of the person with dementia. S = A positive social environment.

Art therapy: Delivered in a dedicated art studio, the program encourages natural expression at all ability levels. It uses the creative process to help people develop self-awareness, explore emotions, and improve social skills.

Music: Music captivates attention, motivates action and brings joy and success. It is also a multi-sensory activity that incorporates the visual, kinesthetic, auditory and tactile systems. This is especially true when moving to music or playing instruments. In addition, music is non-verbal so for those who struggle with language, music can be a way to connect with others and express oneself.

Summer Program

Day services available for individuals ages 18-21
looking to explore future adult services.

Families can choose from a wide variety of recreation & wellness activities, educational programming, community engagement, the arts and music.

PROGRAM DATES: June - August

PROGRAM HOURS: 9 AM - 3 PM

Full and part-time schedules
available.



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Music: Music captivates attention, motivates action and brings joy and success.

Recreation: Weekly outings include a variety of activities including bowling, fishing, golfing, swimming, boating, and visiting city parks.

To enroll or for questions, contact Nora Falk at (920) 593-4395 or nfalk@aspiroinc.org



Recreation

Aspiro's expansive recreation program offers a wide variety of activities during the day, and on select evenings and weekends.



Activities include fitness classes, individual sports such as golf or bowling and organized team games such as basketball, flag football, softball and volleyball. Offerings also include offsite activities such as fishing, swimming, and weekly outings visiting local areas of interest. Below is an expanded description of some of the offerings.

- Bowling * – Weekly bowling at Riviera Lanes.
- Swimming * – Warm water, non-impact exercise at the YMCA.
- Golfing * – Heart healthy exercise while learning basic techniques and etiquette of the game.
- Fishing – Catch & release fishing trips to local public and private fishing spots. Learn to bait, cast and reel in fish.
- Softball League - Afterhours summer softball held at Murphy Park.
- Boating – Small group cruises on Aspiro's pontoon boat.
- Thursday Night Activities – Afterhours activities held on Thursday evenings during two sessions held in the fall and winter. Activities include cooking class *, Zumba, volleyball (fall), basketball (winter), flag football (fall), pool league, art class, and more.
- Special events and weekend activities – Triumph Mile, Green Bay Packers Exceptional Abilities Challenge, TimberRattlers game, Saturday bowling (winter) and more.

** Additional fee*

Evening & Weekend Activities

Free to participate unless denoted with \$



WINTER THURSDAY NIGHT ACTIVITIES

January – March | 4pm – 5pm

- Arts & Crafts
- Basketball (4pm – 7pm)
- Cardio Dance
- Cooking (\$)
- Open Exercise
- Scrapbooking

SATURDAY BOWLING (\$)

October – March | 11am - Done

Saturday mornings at Riviera Lanes

TRIUMPH MILE

April - June | 4pm – 5pm

Weekly training on Thursday nights leading up to participating in the Triumph Mile, a one mile walk/run on the eve of the Bellin Run.

SOFTBALL

June - July | 5:30pm – 7:30pm

Weekly softball games at Murphy Park on Thursday nights

EXCEPTIONAL ABILITIES CHALLENGE

September

Annual flag football competition at Titledown field across from Lambeau Field

FALL THURSDAY NIGHT ACTIVITIES

September - November | 4pm – 5pm

- | | |
|-----------------|-----------------|
| • Arts & Crafts | • Open Exercise |
| • Cooking (\$) | • Pool League |
| • Cardio Dance | • Scrapbooking |
| • Flag football | • Volleyball |

Building Full Lives

Supporting people in small group activities to explore career options, identify their preferences and goals, develop life skills and be involved in their communities in meaningful ways.



VOLUNTEERING-GREEN BAY BOTANICAL GARDEN



TOURING-HAPPY JOES

These three components will be tailored to each person's individualized interests and goals. Schedules focus on a mix of volunteerism and community contribution, cultural and enrichment activities, health and wellness and activities of daily life.

1

Daily Living Skills

Building independence and confidence through skill building. Activities include cooking, laundry, personal hygiene, health & wellness and more.

2

Career Exploration

Preparing individuals to pursue their career goals. Activities include job interest assessments, interview preparation, resume building, business tours and more.

3

Volunteerism and Community Living

Intentional teaching techniques are used to teach a mix of hard and soft skills needed for community life. Volunteerism provides a connection and contribution to the greater community.

Prevocational Services

A time-limited onsite job skills training program.



Prevocational services is a time-limited onsite job skills training program at Aspiro's production facility. Aspiro partners with consumer brands and the US government to offer a variety of different jobs for skill building. Skills learned may include hand packaging, counting, sorting, collating, kitting, disassembly, repackaging, labeling, and recycling. Machine operation training also available on sewing machines, shrink wrap machine and cotton packaging.

Prevocational services can be paired with other Aspiro services like Building Full Lives and recreation offerings.

When ready, clients can transfer the skills learned to work for local businesses in Group Supported Employment, apply for Project SEARCH® or go to work directly in the community.



Group Supported Employment (GSE)

A pathway to community integrated employment.



DELAWARE NORTH



QUALITY MAIL MARKETING

HOW IT WORKS:

Workers with disabilities are accompanied by an Aspiro staff member to a job site. The staff member provides job coaching, prompting and cues if needed. They do not replace the duties of the business assigned work supervisor. Workers report to Aspiro each day and are transported to and from the job site.

The number of workers at each GSE site can range from 3-8 people and they work 4-6 hours per day at minimum wage or above.

OPPORTUNITIES:

Aspiro has numerous GSE sites throughout the area performing a variety of different job duties including light manufacturing, packaging, housekeeping, food service, warehouse, assembly, or customized work along with numerous other options.

The business receives a reliable and qualified team of workers and the individuals gain work experience toward their goal of community integrated employment and increase their independence and self-esteem. Through their work they also contribute to the economy and play a vital role in the fabric of our community.



Project SEARCH®

A trademarked and copyrighted model of employment training.



Project | SEARCH

Project SEARCH® participants are immersed in a business environment five days a week, where they learn a variety of job skills during three 10-week internship rotations, as well as employability skills through classroom training.



AURORA BAYCARE MEDICAL CENTER

Project Search® Offers:

- Full immersion in a business environment with leadership from a department mentor.
- Competitive, transferable & marketable job skills.
- Increased independence, confidence and self-esteem.
- Individualized coaching and feedback.
- Classroom instruction from a special education teacher.
- Connections to adult service agencies.
- Career exploration with a ready-to-send resume.
- Access to DVR employment services.

ADDITIONAL INFORMATION

Project SEARCH® is offered at two locations:

1. Bellin / HSHS St. Vincent Hospital
2. Aurora Baycare Medical Center

Project SEARCH® runs from September – May and is open to students in their last year of high school eligibility and adults.

Questions? Contact Jessica at 920-593-4353 or jklemens@aspiroinc.org.



Employment Services

Assisting in obtaining and retaining competitive integrated employment.

Aspiro's Employment Services assists individuals with disabilities in obtaining and retaining employment with area businesses. This can be accomplished in two ways: Supported Employment and Job Placement, both with our partnership with the Division of Vocational Rehabilitation (DVR).



NEW PERSPECTIVES

SUPPORTED EMPLOYMENT

- Assess individuals to discover their preferences, needs and abilities.
- Find employment.
- Provide on-the-job and community training/assistance.
- Provide long support for as long as it is needed by employee and employer.

JOB PLACEMENT

- Provide employment and support planning.
- Assistance in areas requested by the client, such as interview skill training.
- Provide on the job and community training if needed.
- Provide support on and off the job for 90 days.

Questions? Contact Jessica at 920-593-4353 or jklemons@aspiroinc.org

Early Intervention

The first three years are the most important building blocks of a child's future.



Parents are their child's first and most important teacher and a vital part of the Early Intervention team. Because our program is designed to stimulate the child's ability to learn within the context of the family, visits take place in an environment familiar to the child - their home, daycare, etc.

Primary Coach Approach:

Aspiro is part of a collaborative effort in Brown County to provide Birth-3 services to families. The following services are provided through a Primary Coach approach:

- Developmental Evaluations
- Child and Family Education
- Speech Therapy
- Occupational Therapy
- Physical Therapy
- Service Coordination

A primary coach approach ensures that every family has access to a full team of early interventionists that minimally includes an early childhood special educator, service coordinator (both provided through Aspiro), speech therapist, occupational therapist, and physical therapist. One of these interventionists will be the primary coach for the family.

The team is responsible for supporting the primary coach through team meetings, sharing information and ideas, participating in joint visits to provide support and answer questions, and attending IFSP meetings.

Respite Care

A supportive service designed to give temporary care to children and adults with disabilities.



"Respite is a blessing for all parents or caregivers of people with special needs. We just need a break to relax or catch up on other things sometimes. Respite always relieves the daily stress that builds up over time. We could not do without it! I'm sure other parents feel the same way!"

– Parent

Aspiro recruits, interviews, completes background checks and initially orients all providers. Providers are then matched with families by interests, abilities, experiences, schedules, etc. to make sure matches are the best fit possible.

Next, a pre-placement visit is scheduled, facilitated by an Aspiro manager, bringing a potential provider to meet the family to discuss the needs and expectations. The family can clearly explain their loved one's care needs and expectations.

After the meeting, the family can communicate through Aspiro their desire to use a particular provider. We believe a family's everyday caregiving can be stressful enough --choosing a respite provider should not be.



Communication

Stay updated on Aspiro Happenings

1

EMAIL & TEXTS

Scan the QR codes or call 920-498-2599 to sign up.
You can unsubscribe at anytime.

Aspiro

Subscribe to emails



Aspiro

Sign-up for texts



2

SOCIAL MEDIA



FACEBOOK

Aspiro

<https://www.facebook.com/Aspiroinc/>



No Limits

<https://www.facebook.com/nolimitsgb/>



Early Intervention Program of Brown County:

<https://www.facebook.com/EarlyInterventionProgramofBrownCounty/>



Project SEARCH - Bellin/ HSHS St. Vincent Hospital & Aurora Baycare Medical Center:

<https://www.facebook.com/ProjectSEARCH.Bellin.HSHSSt.Vincent.AuroraBaycare/>



INSTAGRAM

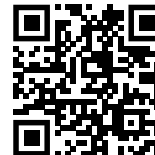
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Aspiro - Building Full Lives

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