

**2019 ASPIRO Winter Thursday Night Activities
Thursday, January 17th through Thursday, March 7th**

BASKETBALL LEAGUES	4:00-5:00 – 1 st league – Mark Wescott 5:00-7:00 – 2 nd league – Mark Wescott & Joe Stocks
COOKING CLASS	4:00-5:30 – \$10 fee due 1 st week of class – Mary DeStarkey
COMPUTER I-PAD	4:00-5:30 – Classroom – ASPIRO Case Managers
ARTS & CRAFTS	4:00-5:00 – Leisure Room – Nora Falk
OPEN EXERCISE	4:00-5:00 – Treadmills, Bikes, Cybex weight machines Fitness Center – Pete Falk
ZUMBA	4:00-5:00 – Work area – Stacey Sweer

CLASS DESCRIPTIONS ON THE BACK OF PAGE

Participants must be enrolled in one or more of ASPIRO's programs or services.

Participants unable to participate independently are required to have a support person with them. ASPIRO is unable to provide this support person.

Pizza (\$1.00 a slice) and soda (\$.50) can be purchased from 4:00 to 5:00.

Clients will be transported from Stiles Road to Dousman Street.

All participants are responsible for their own ride home.

Call ASPIRO at 498-2599 for messages regarding cancellations.

[After 4:00 call 498-2599 ext. 209]

Mark Wescott, Manager Recreation, 920/593-4347, mwescott@aspiroinc.org

Participant's Name: _____

Name of Activity you wish to participate in: _____

Contact Telephone Number after 4:00 p.m.: _____

Please return bottom portion to Mark Wescott by January 14th