

Day Services

Day Services provide a coordinated program of activities throughout the day. Clients are divided into teams based on similar interests. They spend their day doing a combination of social and wellness activities. Each team is led by two program instructors.

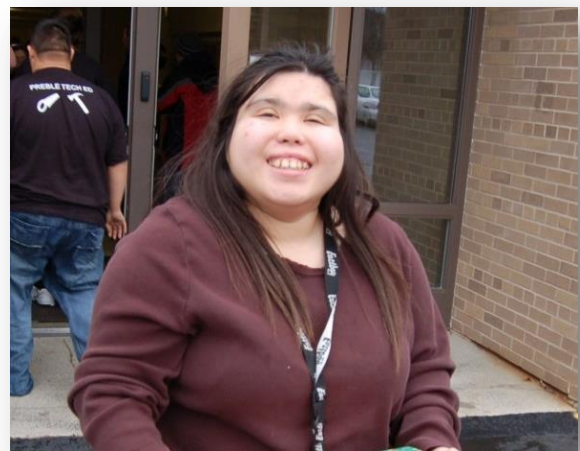
One-On-One - a dedicated staff is matched with an individual with high needs. The two participate in individual or group activities. Community based activities may be included if appropriate.

Senior Program - for individuals with beginnings signs of slowing down or degenerative medical conditions. Program activities are geared towards socialization and skill maintenance rather than skill growth.

All participants in the above mentioned groups are assigned a service coordinator. Cooperatively, they develop a person centered plan, including goals and objectives that incorporate the unique strengths, needs and preferences of each individual.

A nurse is on staff to help with medication and provide general care if someone is not feeling well.

Optional evening and weekend activities are offered to anyone enrolled in Day Services.



Social Activities - interaction with other participants in planned activities appropriate for their abilities.

Personal Care - help with toileting, grooming, eating and other personal activities of daily living.

Wellness Activities - exercise, movement, work and mental interaction for all participants.

Community Outings - Music in the Park, fishing, bowling, pumpkin picking, volunteering, etc.