

**ASPIRO RECREATION ACTIVITIES
(ASPIRO-STILES COMMUNITY EMPLOYMENT INCLUDED)**

NIGHT AND WEEKEND ACTIVITIES

<u>ACTIVITY</u>	<u>COST</u>	<u>DESCRIPTION</u>	<u>LOCATION & TIME</u>
Saturday Bowling League	\$10.00 per session	Bowling league of 30 teams; 4 bowlers per team. Make your own team or sign up and you will be assigned a team. Get some exercise and learn how to participate in a community bowling league. Banquet at end of year.	Riviera Lanes October – March 11:30 – 3:00 p.m.
Softball League	\$3.00 for the season	Enjoy some softball on our Thursday evening softball league. Four teams compete each Thursday. Equipment is provided or bring your own. A picnic follows the last Thursday softball.	Murphy Park Thursdays June – July 5:30 – 7:30 p.m.
FALL Thursday Night Activities	\$1.00 for cooking class. All other activities are free.	We offer several activities to choose from, which include volleyball, cooking class, computer class, exercise class, art & craft, pool league, Flag Football, Zumba and open exercise room. Choose any activity that fits to your liking, one activity per session.	ASPIRO – Dousman Thursdays October - November 4:00 – 5:30 p.m.
WINTER Thursday Night Activities	\$1.00 for cooking class. All other activities are free.	We offer some different activities from Fall and some that are the same. This night includes a basketball league, exercise class, computer class, Zumba, open exercise room, self-defense class, arts & crafts and cooking class. Come early and socialize with your friends. There is pizza for sale during this activity.(1-dollar per slice.)	ASPIRO – Dousman Thursdays January – March 4:00 – 7:00 p.m.
ASPIRO Run/Walk	Free	Run/Walk group	Training: April-May ASPIRO Dousman 4:00-5:00 p.m. Event: Friday before the Bellin Run.
ASPIRO Variety Show	Free	Clients practice and rehearse for a day and night Variety Show	Practice January – May Show is in May