

Respite Care

A supportive service designed to give temporary care to children and adults with intellectual disabilities. For the caregiver, it can mean a break in the routine, a day off or even a vacation free of the daily care. Families are able to choose and schedule respite care that meets their needs.

Finding a Provider

ASPIRO recruits, interviews, completes background checks and initially orients all providers. Providers are then matched with families by interests, abilities, experiences, schedules, etc. to make sure matches are the best fit possible.

Then a pre-placement visit is scheduled, facilitated by an ASPIRO manager, bringing a potential provider to meet the family to discuss the needs and expectations. The family can clearly explain their loved one's care needs and expectations.

After the meeting, the family can communicate through ASPIRO their desire to use a particular provider. We believe a family's everyday caregiving can be stressful enough --choosing a respite provider should not be.

Services Provided

In-Home Respite – takes place in a family's home

Foster Respite – takes place in the home of the respite care provider

Community Respite – takes place in a social setting. With permission, providers may take an individual into an environment outside the home.



“We have had many Respite Care providers since our daughter was 5 years old. She will be 25 this year. Over the years many of them became a part of our family. I don't believe we could have made it without respite help!

“Having a Respite Care worker who comes to our home makes the evening or daytime occasion much easier because of the amount of care our son requires. Thank you for this opportunity!”

“Respite is a blessing for all parents or caregivers of people with special needs. We just need a break to relax or catch up on other things sometimes. Respite always relieves the daily stress that builds up over time. We could not do without it! I'm sure other parents feel the same way!”

“Respite Care is very important to me and my son. He enjoys his “visits” at the Respite Workers home and I enjoy having a break to accomplish things that are difficult to finish when he is always home. Respite Care is a “heaven-sent” experience for both of us!”